

Youth Participation Programme

Case study



Social and Emotional Aspects of Learning

With Wade Deacon & Fairfield Schools

Context

Years 8 and 9 of Wade Deacon & Fairfield Schools joined together for a day of activities to enhance their social and emotional aspects of learning (SEAL). ICA:UK and Halton Youth Service worked together to plan and deliver 12 workshops to different student groups to develop self awareness, knowledge of bullying, homophobia, gender bullying, empathy and social skills.

Process

We facilitated the exploration of bullying, stereotyping, racism, ageism, sexism, homophobia, religious discrimination and able-ism discussing other sub-groups of young people might get bullied such as Goths.

Part of the day was spent giving examples of discrimination from the subtle, to the obvious then asking the young people to explain which types of discrimination they recognise in their own lives and settings.

ICA:UK worked with the young people to highlight where discrimination takes place e.g. dining hall, PE lesson etc, what form it takes, and then the young people planned how they could address it in that setting. They also then created a charter of young people's top 5 rights at school and in turn also their own top 5 responsibilities. We merged the ideas from all the groups so they all inputted into the charter and could decide what to do with it next.

Outcomes & impact

The workshops lead to opportunities for better inclusion and deeper learning, in relation to sexual orientation and Roma identities in particular. The young people have a better understanding of the steps which result in someone getting bullied, and are now able to be more empathetic towards both bullies and the bullied. The young people are more aware of how to respond to and combat different forms of bullying.